



# Detection Arrhythmia from Electrocardiogram signal for automatically parking the car base on internet of things (IOT): A Review

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## ABSTRACT

Sudden change in the health status of vehicle drivers causes too many accidents. So we need an emergency system to control the car for preventing the driver from making an accident on the road. Therefore, it's crucial that the monitoring system for driver doesn't limit or obstruct the driver's movement are currently being created. Heartbeat monitoring devices 'Examples are presented in this review. The methods for detecting the heartbeat use wearable sensing devices, such as watches, rings, and shirts, as well as no wearable sensing devices, including steering wheels, seats, and other sorts of devices, are described in particular. The development of wearable technology, including the Apple Watch, is seen as a turning point in the use of driver monitoring systems. The issues with the existing smart watch- and smartphone-based systems are examined, along with the difficulties in implementing them in actual vehicles. We come to the conclusion that for detection methods utilizing in-cars gadgets and in-car cameras are anticipated to continue dominating, while future applications are anticipated to emerge for equipment that can identify health issues and anomalies while a person is just driving normally, the internet of Things (IOT) is the latest internet revolution, affecting all spheres of endeavor, including the health care industry. It improves the accessibility, safety, and patient-centeredness of healthcare, Using the Internet of Things in this work to monitor the patient's health status remotely. An autonomous car parking system using ultrasonic sensors that dependent on the health status of the driver, which is determined through the heart rate sensor and Detect Arrhythmia from ECG Signal and using IOT System is presented in this paper. The system is capable of self-parking the vehicle. Using sensor coordination and can also park the vehicle remotely using a mobile phone application. The system looks for an acceptable parking space, detects obstacles, and then parks it using signals that sent from the controller to the motors. The suggested car parking system is a small module that may be incorporated into any type of vehicle.

## Keywords:

ESP8266, Adriano, ESP8232, Cloud, ECG Classification, Heart beat sensing – Heart attack, detection-Internet of Things, heartbeat monitoring system, in-vehicle

## 1. Introduction

Sudden change in the health status of vehicle

drivers causes too many accidents. According to Dr. Nitish Badhwar, professor of clinical medicine and director of the University of California, San Francisco's Cardiac Electrophysiology Training Program, having a heart condition while operating a vehicle is particularly risky since the patient may pass out. Also, Badhwar says those who are having heart attacks are not usually aware of it. It would be beneficial to have a device that can recognize unsafe heart rates, cause the driver to stop, and phone for aid. Over 30 million adult Americans have diabetes, according to the American Diabetes Association. Even though the majority of diabetics can drive safely, A meta-analysis cited in an ADA study indicates that they are 3 to 9 percent more likely to have an accident. Thanks to medical monitoring technologies, driving will probably become safer for diabetics and those who share the road with them, according to a report, road fatalities are less common than some of the other top causes of death but are

nonetheless significant. In the United States, there are 10.9 fatalities from traffic accidents per 100,000 people, compared to 34.4 from Alzheimer's, 43.7 from strokes, 48.2 from lung diseases, 185.4 from cancer, and 197.2 from heart disease [1]. As a result, heart disease-related car accidents seem to be a significant issue. When a driver's physical state suddenly changes and the driver loses Vehicle control systems have been developed. To implement an emergency procedure for shifting control away from the driver [2,3]. Some automobiles come with this kind of an emergency mechanism [3–9]. For instance, the Mercedes-Benz emergency system contains multiple phases. The technology flashes a light and emits a tone to warn the driver to put their hands back on the steering wheel when they are not actively doing so. The mechanism applies the brakes if the driver still doesn't react. The mechanism keeps the car in the same lane as it is now travelling [10] as it slows down.



Fig 1: heart attack for car driver while driving maybe causing an accident and death

To avoid a Sudden change in the health status of vehicle drivers, it would be ideal to be able to determine whether their driving ability is declining. Driver biometric data is collected by driver monitoring systems in order to comprehend the driver's condition and give order to the outcomes of car control. It is crucial to correctly assess, associate, and analyze biometric data. Biometric data includes "in vivo information" like an (ECG), (EDA), and visceral fat levels as well as "ex vivo information" such as exercise levels, Sleep patterns, and dietary habits. An extremely crucial piece of information is The ECG is used to calculate the instantaneous

heartbeat. The instantaneous heart rate varies within a certain range. In the normal condition. Heart rate variability is the range covered by this (HRV). Analysis of HRV enables measurement of autonomic nervous system tension and identification to classify diverse conditions, angina and ischemic heart disease were used [11]. The HRV reflects the balance between sympathetic and parasympathetic nerves [12]. The Mayer wave, a signal source of blood pressure variability with a period of around 10 s, is claimed to indicate driver arousal or attentiveness. Its low frequency (LF) components are typically between 0.04 and

0.15 Hz [13]. It indicates either heightened sympathetic or diminished vagal nerve activity. High-frequency (HF) components, on the other hand, are thought to be indicative of exhaustion and sleep [14] because they signify

a rise in parasympathetic and a fall in sympathetic nerve activity, and increased vagal nerve activity (usually between 0.15 and 0.40 Hz [15]). Additionally, to heart rate interval analysis, LF/HF.

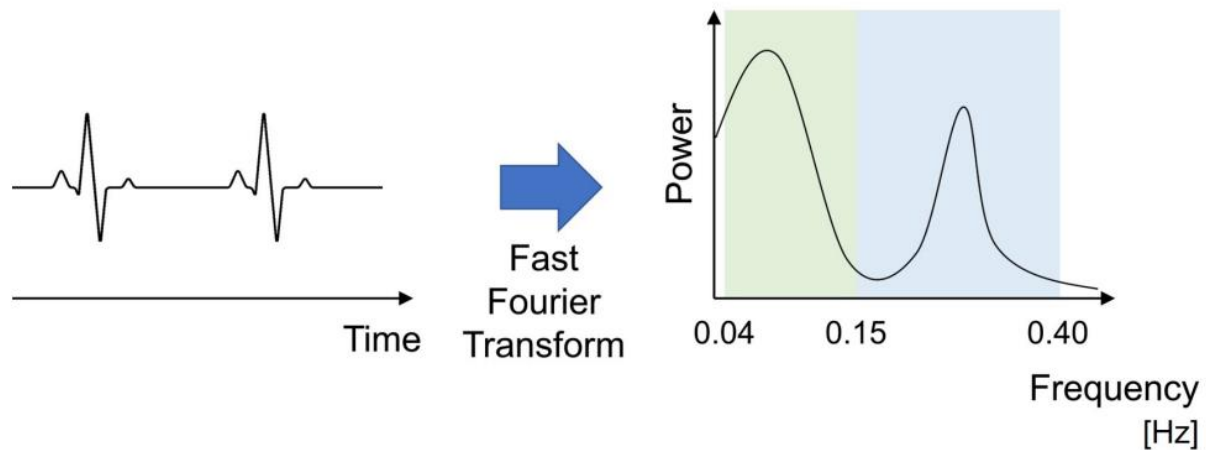


Fig 2: heart rate variability (HRV) measures are calculated in terms of frequency and beat frequency& relationship between HF and LF heartbeats.

Heart-beat arrhythmia refers to anomalies in the form of the cardiac rhythm that differ from the cycle of heartbeat normal rhythm. Additionally, some heart conditions have little and rare symptoms. Therefore, in order to discover these seldom occurring cardiac disease analyses of hours, days, and months' worth of wearable long-term ECG data is needed to identify symptoms that would not be picked up by short-term ECG recordings. Cardiologists must spend a lot of time and effort manually identifying these heartbeat classes. These experts rely on computer-based

classification to identify these different heart diseases. The prior works are arranged in a taxonomy framework to highlight the ECG heartbeat arrhythmia analysis problem's possible holes and unfulfilled demands. According to Patrick [16] and Lao [17], The studies are divided into two main groups: feature-based techniques and raw time series-based approaches. In order to compute the necessary features, The original time series data is used directly in time series-based algorithms, whereas it is used indirectly in feature-based approaches.

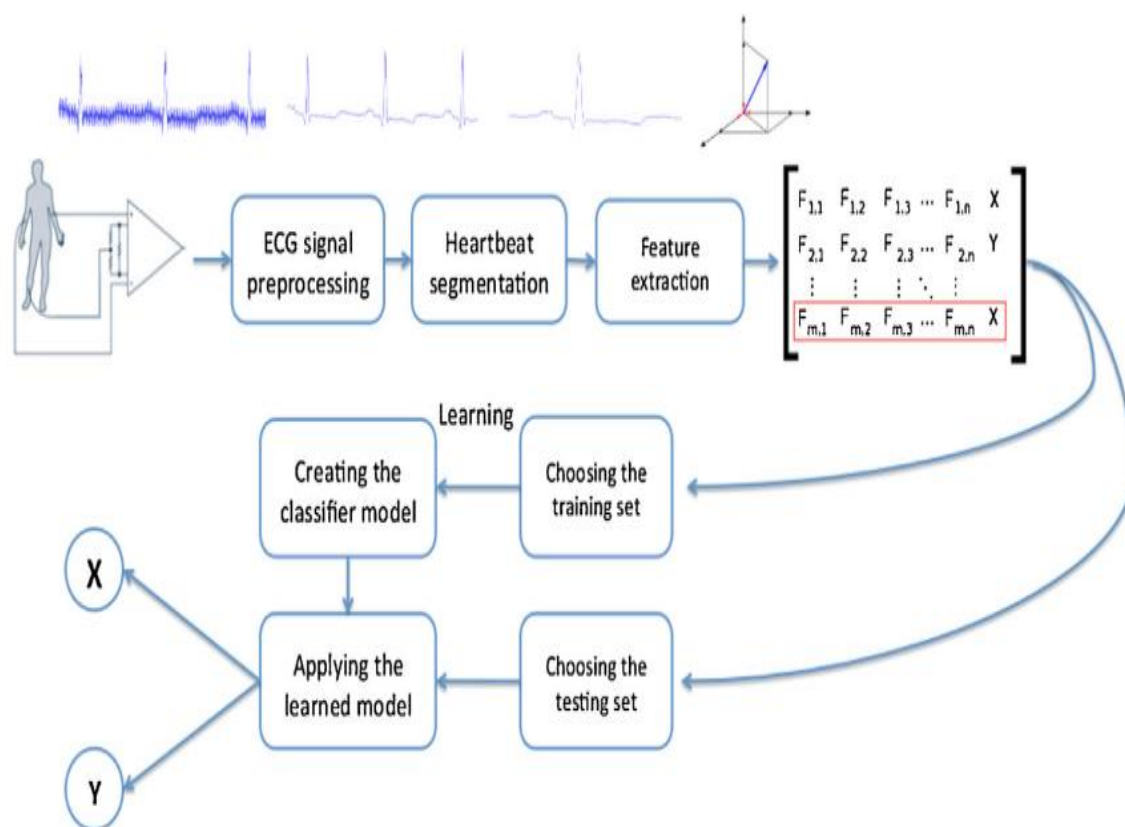


Fig 3 :A diagram of the arrhythmia classification system.

These methods were categorized by Patrick [18] as based on structure and on shape, respectively. The two main paradigms of a training plan are intra-patient versus inter-patient [19]. Classification is followed by the next level. The data set for the current patient is divided into subsets for training and testing. The data set for the current patient is constructed via intra-patient supervised classification. While the inter-patient supervised classification system evaluates the strong prediction generalization power for unknown patient's data using separate training and testing sets from various patients. Additionally, some studies used a two-part combination of experts (MOE) training approach to benefit from patient adaptation: two pieces of training data: a general training set derived from benchmark datasets and a specific patient training set derived from the patient who was being tested.

Cardiovascular arrest is now a major public health risk for the entire population. However, because of the development of smart wearable technology and the internet of things (IoT), a solution to this global problem is now possible

[20]. The health care system has undergone remarkable progress thanks to the introduction of internet of things (IoT) technologies and sensors. The ability to remotely monitor and manage patient data has been made possible by sensors and an integrated IoT health care system [21]. The internet of things (IoT) is crucial to our day-to-day existence. It has made it possible to monitor and manage many modern machinery and gadgets from a distance without requiring human assistance. The body temperature, heartbeat frequency, and heartbeat variability are crucial indicators that are monitored in heart disease patients. To ensure people's safety and well being, these metrics must be measured often [22]. Most heart attacks end in sudden death before the patients receive any care from a medical professional. For instance, in the People's Republic of China, the medical system is still based on tradition. This implies that the worried patients contact the healthcare service centers directly. The unconscious patient may not be able to ask for help in the event of a sudden heart attack, which will result in the unintended



death situation. The challenges of a heart attack can be solved with the use of IoT technologies. Patients have the ability to transform the traditional (inactive) system into a widespread one, alerting medical services to their needs. As a result, a remote system for controlling and monitoring patients is required [23]. There are significant health issues connected with the existing methods of detecting heart attacks and monitoring heartbeats, despite numerous efforts made by academics and manufacturers. One of the issues is a lack of personnel and technical know-how to deal with heart-related issues; another is the absence of advanced and cutting-edge tools to expedite the detection and monitoring of heart-related disorders; The third is the use of a manual process to detect and keep track of a heart attack; And a fourth is the cost of acquiring and using the current tools and

equipment. The goal of this study was to develop and put into practice a smart and user-friendly technology for controlling and monitoring the human heart rate. In this technique, an integrated prototype was made using sensors and internet of things (IoT) technology. To make heart-related problems easier to monitor and manage.

The key contributions of this study paper:

1. A functional prototype for real-time detection and monitoring of the human heartbeat rate.
2. The device shows real-time display of a user's heart rate on a liquid crystal display (LCD) screen.
3. The system sends the user's felt data for analysis and visualization to the internet.
4. From any place, medical professionals can remotely supervise and manage the patient.

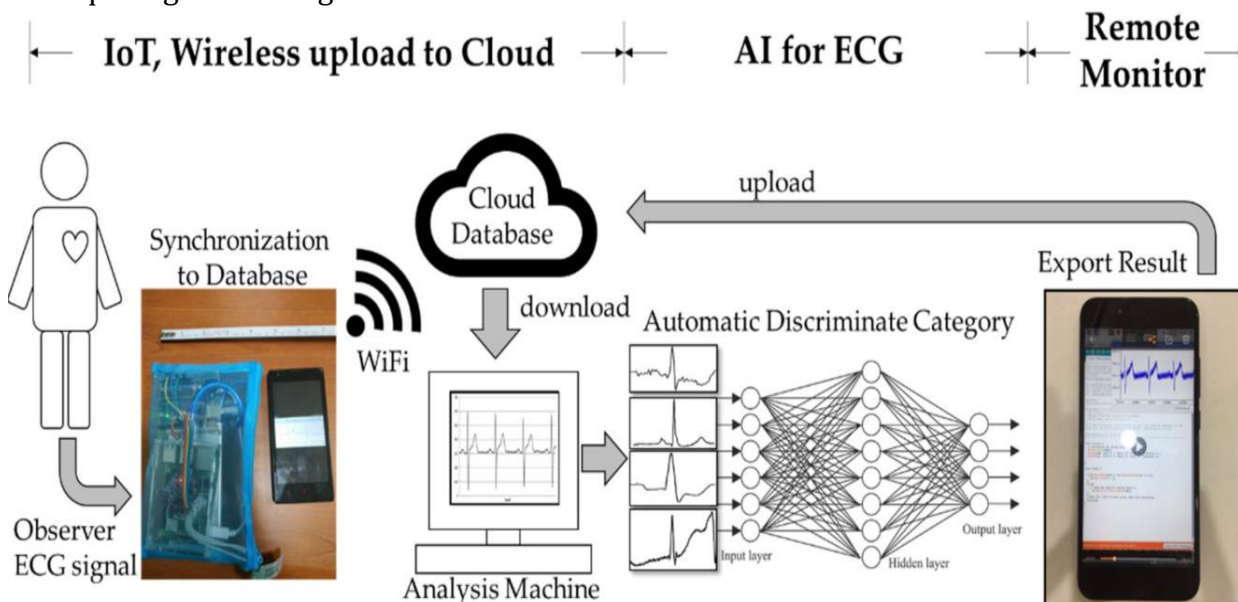


Fig 4: ECG Healthcare Application based on IOT

This review tackles the ubiquitous usage of smartphones and smart watches, concentrates on heart rate monitoring systems for automotive applications, and explains heart rate monitoring technology for the age of driverless vehicles. The primary variations are those from Sidikova et al. [24].

The following is the methodology for this literature review:

• There are various methods for making self-parking cars possible. Fuzzy logic system [25], GPS [26], Bio-Inspired 1-D Optical Flow Sensors [27], LiDAR [28], and Real-Time Image Processing [29] are some examples of related

technologies. Are a few of the approaches employed.

• Based on the author's previous interactions with the manufacturer's engineers as well as his experiences working as an engineer for an automobile firm, the kind and measuring method of the heart rate detection system are summarised in advance.

• We chose relatively recent publications as the focus of our inquiry after searching for literature on the various types and measuring approaches using Google Scholar we had defined. However, in some circumstances,

The rest of this essay is structured as follows. A discussion of research and development trends is included in Section 2. The importance of a heart rate monitoring system in the age of autonomous driving is covered on page 3. The conclusions are presented in Section 4.

## 2. Research and Development Trends

### 2.1 Research Trends in the Development of Algorithms

To get exact estimations of heart rate, non-negative matrix factorization was utilized to extract only the heartbeat component, which was then combined with sparse vector regeneration [30]. The spectrogram of the obtained Doppler radar signal was interpreted by them as a linear admixture of source signals, such as heartbeat, respiration, and body motion. An evaluation for a driver of a moving vehicle was not conducted, nevertheless.

Izumi used a microwave Doppler sensor in conjunction with a signal processing technique heartbeat using time-frequency analysis, template matching, and [31] This method made it possible to measure a steady heartbeat for a driver of a moving car even in the presence of body motion noise. The study comprised eleven

Drivers' heartbeats were monitored by participants and drivers of a car travelling at 50 km/h, with has a 13.11 ms RMSE. Using a

Table 1 lists systems that are used and unworn.

System Types	Measuring Methods
Wearable heart rate monitoring device	Ring-type Wristwatch type Shirt-type
Non-wearable heart rate monitoring device	Portable device-type Steering-type Seat-type Camera-type Seatbelt-type

### 2.3 Wearable-type device measurement

There are numerous watches-like wearables on the market right now, including the Apple Watch [32], Garmin Watch [33], Fitbit Surge [34], Jawbone UP3 [35]. These gadgets' methods for monitoring heartbeat are remarkably similar. With each heartbeat, more blood flows to the wrist, and the device's green light is effectively absorbed. The green light, on the

combination of frequency analysis and differential techniques, Project Olive increased detection accuracy [32]. The project used multi-resolution analysis with quick data signal processing, versions of the Hamilton and Tompkins algorithms, the Hilbert transform, and the R-wave peaks with a surprising speed and accuracy. The R-wave peak can be located using an optimization procedure based on the Hilbert transform and main differential after variables that are dependent on a driver's personality, such as sex, age, cardiovascular health, and other noise effects, have been eliminated. With the aid of multi-resolution analysis, just the signal carrying crucial information can be chosen. The R-wave peak can be located as a result.

### 2.2 Heartbeat-measuring systems used on drivers in automobiles: Research Trends

The two main categories of in-vehicle heartbeat measurement systems are no wearable (which involves assessing the driver's condition at the steering wheel, seat, or other spots the driver touches while driving) and wearable (which includes wearing a wristwatch-like wearable device). The summary of the wearable and non-wearable systems is depicted in Table 1.

other hand, is less likely to be absorbed while the heart is not beating. This idea is used for the measurement of heartbeat by the watch's LED light flashing at a rate of several hundred times per second [36]. Additionally, these devices can communicate with smartphones and transfer data. Regarding accuracy, In individuals with cardiovascular illness, Falter et al. Demonstrate that When exercising, the Apple Watch

measures HR with clinically acceptable accuracy [37]. An effective and dependable tool for studying HR and HRV in non-movement circumstances is the Empatica E4, as demonstrated by Schuurmans et al. [38]. According to Gillinov et al., there is a 0.67–0.996 connection between an electrocardiograph's HR and a wrist-type monitoring device during aerobic exercise [39].

The popularity appears to be changing as more wearables that resemble wristwatches replace in-car measuring systems. are introduced to the market and worn by more people. The wristwatch-style gadgets can naturally measure the heartbeat without impeding the driver's movement. It will be unnecessary to instal a non-wearable driver monitoring system in a car if a monitoring device's sole function is to measure heartbeat (which entails an extra cost). 2015 marked the end of Ford Motor Company's work on the seat-style heartbeat sensor. The corporation claimed that the introduction of wearable technology, including the Jawbone UP3, Garmin Watch, Apple Watch, Empatica E4, Was the driving force behind this choice [40]. Thus, the application of automotive heartbeat sensors has changed as a result of the development of wearable technology.

According to what we could find, steering-wheel or seat-type devices aren't being produced as frequently as cameras, which are currently the most common sort of in-vehicle driver monitoring system. One potential explanation for this is that Ford has discontinued creating seat-mounted heart-rate monitors. Another aspect could be the ability to separate biometric data into data that wearable devices can acquire as well as information that they can't capture but that cameras can get as a result of the development of wearable technology.

Heart-rate detection is a secondary feature of wristwatch-style gadgets like the Apple Timepiece; their primary use is as a watch. The management of a driver's health is the goal of a gadget that is currently available on the market [41]. To share data, this device can be connected to cellphones. Instead of selling their products, they appear to be selling their services. Along

with this tool, there are In light of current health trends, there are numerous more gadgets that merely have a heart rate sensor and can connect to smartphones to exchange data [42–44]. These gadgets cost under \$150 US, which is comparatively little. Because single board computers like the Arduino [45] and raspberry pi [46] are widely accessible and inexpensive, anybody with skills or experience in digital fabrication and electronics may build these devices themselves.

One case study, for instance, demonstrates how to use Arduino to build a wearable heart rate monitor [47]. An Arduino Nano R3 was used in this case study. Is utilized. For visual heart rate feedback, the Adafruit NeoPixel Ring and a generic nRF24 Module have been coupled with the Arduino Nano R3 [48]. This homemade heart rate monitor is not compatible with cell phones, but these monitors might be able to do so by connecting a Bluetooth or WiFi module to the Arduino Nano R3. A commercial, heart rate sensor the size of a thumb that is made for Arduino microcontrollers is called the DFRobot [49]. The sensor contains two holes that can be used to wrap it around Attach it to the belt by wrapping it around a finger, wrist, earlobe, or other skin-contact point. To reduce the entrance barrier, the interface of this sensor has been redesigned to facilitate plug-and-play. It can connect to a smartphone since it is compatible with microcontrollers like Arduino, Raspberry Pi, Intel Edison, and others.

According to the survey's findings, there are two main categories of heartbeat monitoring research and development trends:

- Heartbeat measurement algorithms with excellent accuracy and consistency;
- Heartbeat monitoring systems in vehicles with a driving-focused focus.

Since it would be impossible to discuss all of the research and development on the mentioned themes, we will only provide typical examples in this review.

## 2.4 Feature Extraction from Multiple Domains

Figure 5 displays the complete block design of the suggested ECG identification method for classifying ECG beats. It is suggested to

construct an ECG recognition system using multi-domain feature extraction.. to recognise heart tachycardias. The suggested system has three basic components, including Classification, feature extraction, and pre-processing of the ECG, The stages that make up its process are shown below.

1. Using a better wavelet threshold method for denoising, Noise and turbulence are taken out of the ECG beats during pre-processing.

2. . PCA is used to optimize the original ECG data. KICA is used to obtain the nonlinear characteristics of ECG beats and minimize data dimensionality. The frequency domain features are extracted using the DWT approach. The

wavelet coefficients for each sample signal, including the values of the maximum, minimum, mean, and standard deviation. Are computed. LDA is also utilized to enhance the frequency domain properties.

3. The nonlinear and frequency domain features that make The SVM classifier model is trained and tested using the multi-domain characteristics as input features. Enhancing the SVM parameters using GA and boost the effectiveness of the classifier. Using the optimized SVM classifier, the five different categories of ECG beats produced are eventually categorized from the MIT-BIH arrhythmia database.

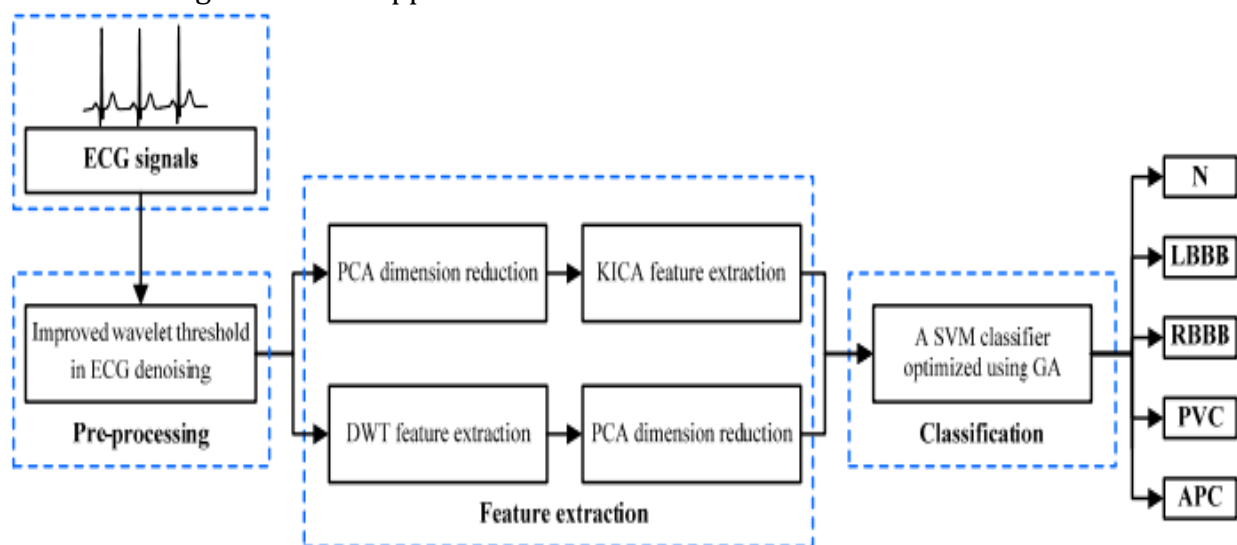


Fig 5: ECG recognition system

In Fig 5 the mechanism for classifying ECG beats through cognition. Feature extraction, categorization, and pre-processing of the ECG make up the presented system. Original ECG beats are cleaned up by removing noise and interference during ECG pre-processing. Kernel-independent component analysis (KICA) and discrete wavelet transform are utilized in feature extraction to create multi-domain features (DWT). The support vector machine (SVM) classifier divides the five categories into premature ventricular contraction (PVC), left bundle branch block (LBBB), right bundle branch block (RBBB), an atrial premature beat (APB), and normal beat (N). Classifies ECG beats.

## 2.5 Methods for Classifying Arrhythmias

This section explores numerous approaches to ECG classification that have been suggested in the literature, Hu, Palreddy, and Tompkins [49] introduced a mixture of experts (MOE), a combination of two distinct classifiers, which was initially suggested by Jacobs [49]. When compared to each individual estimate, the MOE job performs better. it is a linear mixture of many estimates. A third classifier known as MOE classifier is created by combining two classifiers: a general classifier that has been trained on a large quantity of data and a patient-specific classifier that has been trained on patient-specific data. A voting output from a gate network dynamically weights the classification outcomes of both classifiers in order for the MOE classifier to form a collective judgment. A QRS with 29 samples (i.e., 0.16 milliseconds of a 180 samples/sec ECG signal)



Using the Karhunen-Loeve (KL) transform for principal components, time series are recovered with 14 points on either side of the R point and reduced to 9 points. For each beat, a 12-element feature vector was created, with the first nine features indicating the KL transform and the following three elements denoting the interval features. On training data, a self organizing map (SOM) is applied first, and the output is piped into a classifier that uses learning vector quantization (LVQ). The neighboring its neuron's nci's weight update rule in SOM is  $w_i(t+1)$ .

$$\begin{aligned}
 w_i(t+1) &= w_i(t) \\
 &+ n_{ci}(t)[x(t) \\
 &- w_i(t)] \quad (1) \quad c \\
 &= \\
 &\arg \arg \min_j \{ \| x(t) - y_j(t) \\
 &\| \} \quad (2) \quad y_c(t \\
 &+ 1) \\
 &= [1 - f(t)\alpha_c(t)]y_c(t) \\
 &+ f(t)\alpha_c(t)x(t) \quad (3)
 \end{aligned}$$

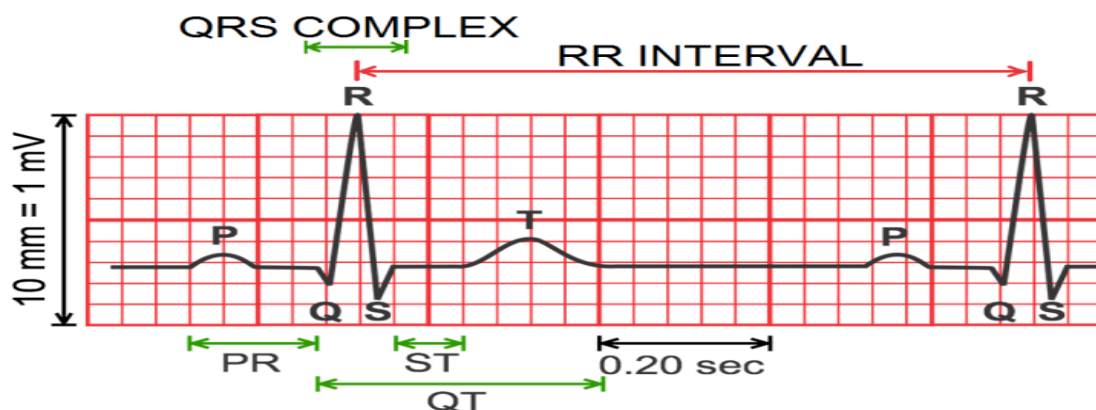


Fig.6: Typical ECG waveform: P and T waves, QRS complex and RR interval

### 3. System Design and Architecture

In this work, Employing an Internet of Things-based cardiac pulse sensor to track and regulate the pace of human heartbeats is designed and put into practice. This sensor detects people.

heartbeats. It detects and interprets the data signals from heartbeats. Before delivering the read data over Wi-Fi to the internet server platform, the microcontroller processes it. for additional analytics and visualization [50]. The date and time the data were captured allow for real-time processing and storage of the data.

Due to patent restrictions or why developing the heartbeat monitoring system is more important than doing research, The articles were either not published as papers or were not revealed. In these situations, the poll was carried out online, and only recently published content was chosen for the survey. The poll is rather intuitive and not based on any particular methodology or nevertheless, we feel that we have addressed the majority of the themes using empirical data and quantitative approach.

The input, output, and processing components make up the system architecture that is being suggested. The user's fingertips, a heart-rate sensor, a power source, and a user interface unit are the input devices. The final products are the Wi-Fi Module unit and the LCD (liquid crystal display) unit. The processing unit, often known as the monitoring and control unit, is the microcontroller.

The ATmega32p microprocessor manages the system, while embedded C is used for programming. Embedded C codes are used to program and control the sensor and other devices. The heartbeat is detected by the heart

pulse sensor. The analogue to digital converter (ADC), which converts the sensor's detected data into a digital signal, receives it.

The microcontroller receives the digital signal after conversion. According to the embedded C language instructions, the microcontroller responds to the signal. The LCD panel receives the processed data and displays it for the user's

information. Moreover, the information are broadcast in real-time from the webserver to the Wi-Fi module for additional analytics and visualization. The state of the human cardiac rate is updated synchronously in real-time in the processed and visible data. Figure 5 shows how the suggested system architecture is laid out.

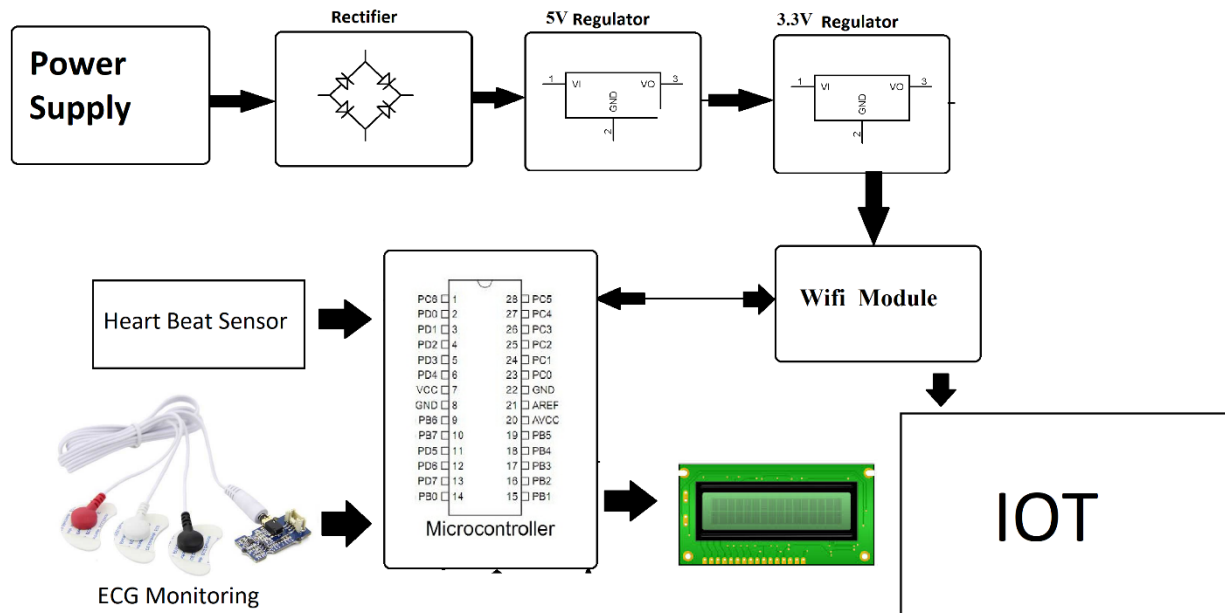


Fig 7 : system architecture.

Pulse rate	State
60 BPM - 100 BPM	Normal
>100 BPM	High
<60 BPM	Low

Table 2: Pulse Rate

#### 4. Control Architecture of Prototype

Vehicle Drive Unit is depicted in Fig. 6. Rear type DC gear motors are used by vehicles for propulsion. These motors are inversely wired using H-bridges and have a rating of 12V and 6.6 amps, or 80W, and to the controllers, connect. Second, the steering mechanism unit is shown in Fig. 1, where the car's front wheel and steering are powered by a DC gear motor. Both wheels revolve simultaneously because the

motor is connected to a mechanical support that runs parallel to them. The DC gear motor's specifications are 12V and 4 amps at load, or around 48W. An H-Bridge is used to regulate it. Three different forms of defined angle-controlled steering are available. Extreme left turned steering, extreme right turned steering, and straight steering are all controlled by the microcontroller.

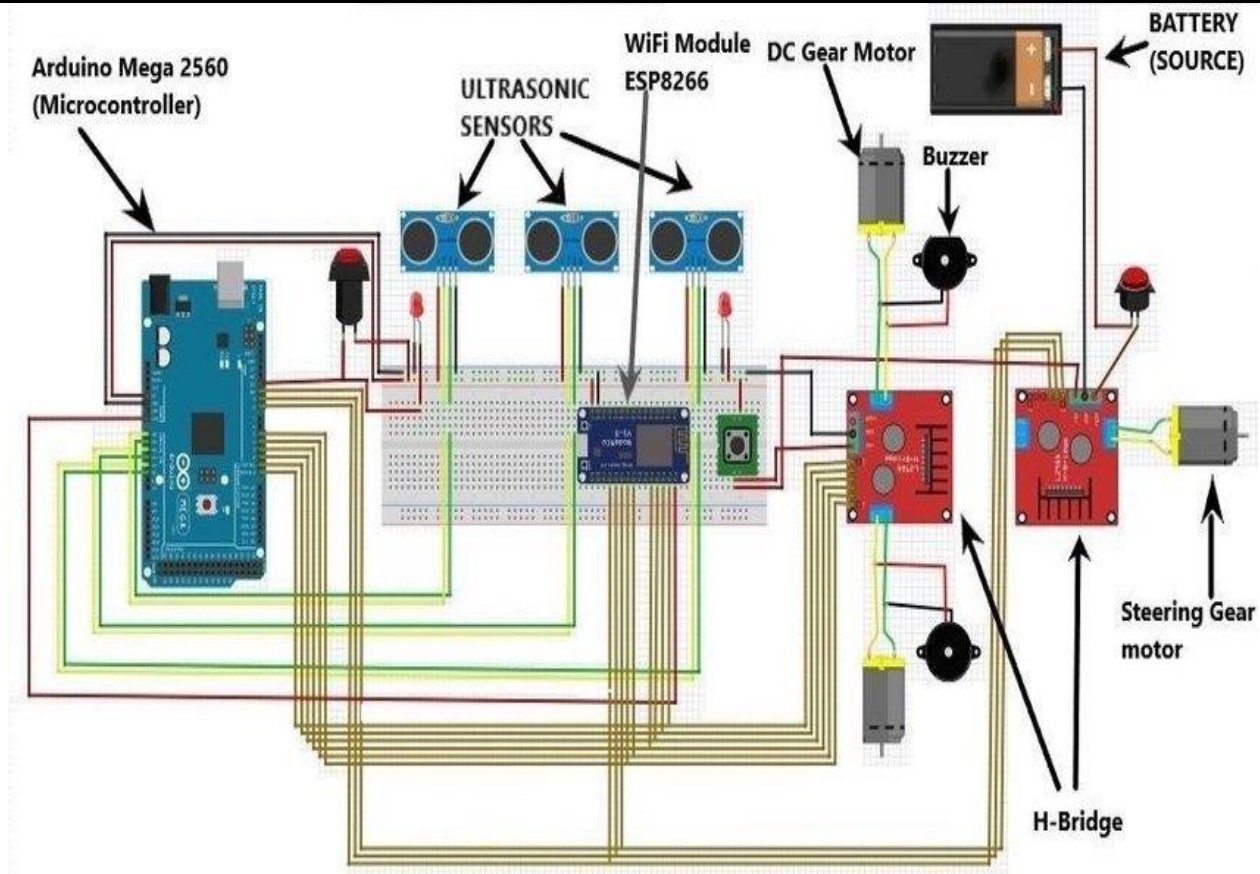


Fig 8 : Circuit diagram

An ATmega328-based microcontroller board called Adriano Uno was used in the experiments. It contains 6 analogue inputs and 14 digital input/output pins. As the master microcontroller for Adriano Mega and ESP8266 Node MCU, Adriano Uno is used. An analogous microcontroller board is the Adriano Mega 2560, This has an ATmega2560 foundation. It has 54 digital input/output ports and 16 analogue inputs. The Adriano Mega serves as the project's slave controller, obtaining sensor data and replying to the H-bridge. A H-bridge is being constructed. The H-bridge regulates steering and wheel shifting (forward and backward, CW and ACW). The H-bridge receives electric signal pulses from the microcontroller, and in a similar way, the H-bridge drives the DC gear motors. The most crucial element is a sensor for ultrasound. It uses sound waves at a particular frequency to measure distance. The obstacle identification and adequate space seeking in the parking zone are done using the ultrasonic sensors. Eight sensors in total are employed in the vehicle, three on each of the left

and right sides and one each in the front and rear, as indicated in Fig 8.

#### 4.1 Wi-Fi module

Internet of Things (IOT) platform is ESP32. It contains firmware for the ESP32 Wi-Fi. Through an IOS app, the ESP32 is utilized to control the vehicle. The driver must provide information about the parking area, and if the driver experiences a heart attack, the auto parking mode will work to stop the car travels in a straight line beside other moving vehicles while the sensors start to sense various metrics. Understanding one's position and location and knowing what to do next are the most crucial and difficult tasks for a vehicle. An activation button on the parking module activates the parking loop as shown in Fig 8. The car searches for an empty place after turning on all of its sensors, making sure that it is 1.8 times as long as the vehicle itself. If the open space is shorter, the vehicle will usually look for another one. When it is certain there are no other vehicles on

that side of the road, the vehicle parks itself there.

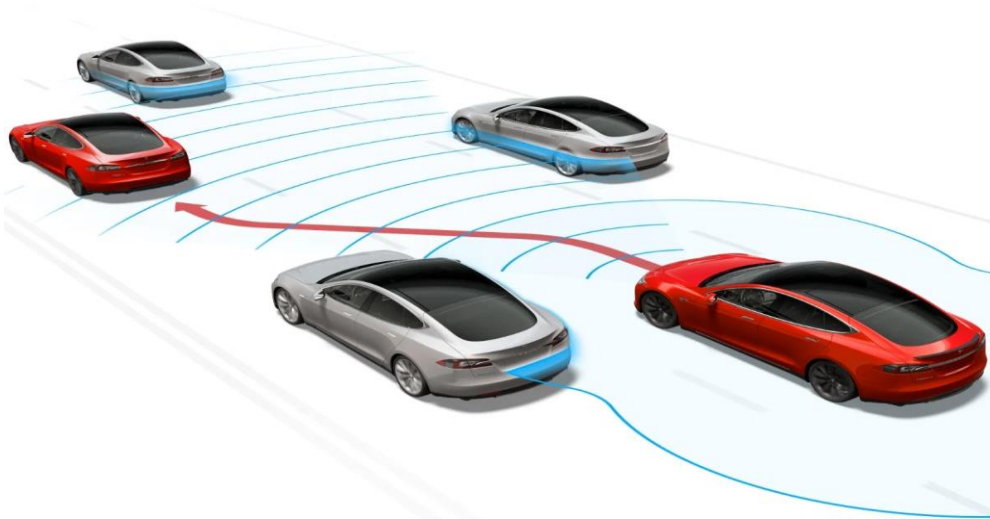


Fig 9 : auto parking mode will work while heart attack happen for car driver

This paper uses an Adriano controller to create an intelligent parking system. This will allow a vehicle to execute the self-parking man oeuvre described in Fig 9.

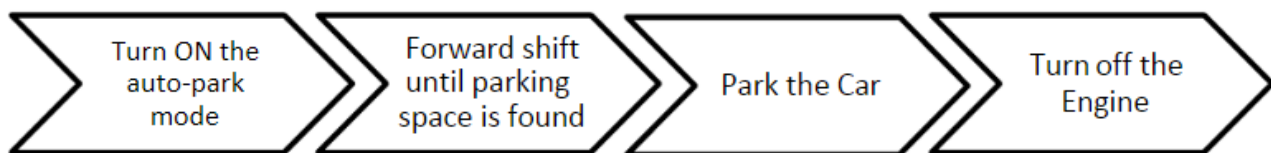


Fig.10. Parking Technique

## 5. A proposal for an autonomous parking while heart attack for car driver

We have talked about how heart rate sensing devices should be employed in cars, especially ones that don't meet SAE level 3 autonomous driving regulations. The primary function for the autonomous level of heart rate detection monitors 0–3 car is to identify the driver's status, such as attention, workload, or level of arousal. But we also need to take into account Operator 4.0 and the stages 4 and 5 of autonomous driving.

Operator 4.0 emphasizes seeing automation as a further growth of people's physical, sensory, and cognitive talents by integrating human cyber-physical systems [50]. This may be similar reaching the fourth and fifth stages of autonomous driving, when the driver is not necessary to operate the vehicle and it takes over regardless of the driver's health. Systems at stages 4 and 5 of autonomous driving may switch from identifying the driver's state to coordinating with the autonomous vehicle.

demonstrate how the synchronization of dynamic events with heartbeats affects unconscious mistakes in the regulation of dynamic events. Real-time heart rate information feedback, Participants sensed their collaborator's presence more and that they understood their emotional condition better after receiving feedback. Dey et al. discovered that participants felt more in control when they received heart rate feedback. It is conceivable to reflect the self-driving automobile has control over the driver's pulse when considering the interaction between the driver and the vehicle. In order to identify the possibility for shared control disputes between people and autonomous systems, Vanderhaegen suggests a heuristic-based prospective method [51]. He then applied this method to a case study involving autonomous driving. He discovered that the heuristic-based strategy can identify potential sources of disagreement or contradictory decisions between humans and machines [52]. Heartbeat detection may take

the role of this heuristic-based speculative method in the autonomous vehicle. For instance, If a fluctuation in the driver's heartbeat is seen during a specific vehicle control when the driver's heartbeat is being continually monitored for autonomous driving and the driver is suspected of By adapting, the driver's fear or anxiety can be diminished. the vehicle control to a gentler setting. It's possible that the control has been adjusted to keep the driver and vehicle in constant communication while also stabilizing the driver's heartbeat. IN self-driving cars, as previously said, Instead of detecting the driver's heart rate and providing information to them, a heart rate monitoring device will be used to allow communication between the driver and the vehicle [53].

## 6. Conclusions

We talked about the state of heart-rate monitoring technology in cars in our review. The prior works are arranged into a taxonomy framework to Draw attention to the ECG heart-beat arrhythmia analysis problem's possible gaps and unmet needs. The literature has been evaluated for a variety of methodologies linked to the clustering and categorization of ECG heart-beat arrhythmia. Researchers can find gaps and unresolved research topics by using such a well-organized literature survey. In order to examine methods for addressing them in this work, the researchers have compiled gaps and unmet challenges. The option to upload data online offers the patient confidence that the data is stored while being watched by a qualified doctor, giving them peace of mind that they will be contacted as soon as any abnormal changes in the uploaded data occur. It has been shown to be a very excellent concept to have an IOT-based health monitoring system that is available to everyone, especially given the growing global population and decreasing number of medical professionals available to handle healthcare concerns. The option to upload data online offers the patient confidence that the data is stored while being watched by a qualified doctor, giving them peace of mind that they will be contacted as soon as any abnormal changes in the uploaded data occur. It has been shown to be a very excellent concept to have an IOT-based health monitoring system that is

available to everyone, especially given the growing global population and decreasing number of medical professionals available to handle healthcare concerns.as quickly as you can, respond to the patient's condition. And as a result, the patient's health is enhanced. It would be suggested for households, especially in rural locations, to utilize it as their heartbeat health monitors because it is a portable, affordable ruse. Additionally, it is advised recommended the device's design and execution be improved by including a sophisticated filtering technique to stabilize the AC supply and get rid of the fluctuation issue.

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