



THE IMPACT OF MUSIC ON OUR NATIONAL SPIRITUALITY

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Annotation:

Music plays an important role in the development of our national spirituality. This is one of the most ancient and at the same time directions of national musical art, widespread among the people and deeply embedded in their lives. Music also reflects reality. The influence of music on our national spirituality is so great that science has already proven that it can be used to heal the sick.

Keywords: feeling, theorist, practitioner, magical, national culture, feel music, great, spiritually

Abu Ali Ibn Sina attached great importance to the influence of music and put forward the idea that certain mental illnesses could be treated with the help of music. The great philosopher Abu Nasr Farabi expressed his valuable judgments about the types of melodies in music theory, the reasons for their occurrence, and the spiritual and spiritual impact on a person in the book "Great Music".

Farabi was not only a theorist of musicology, but also a practitioner. He himself became famous as a famous musician, a great musician and composer, the inventor of a new musical instrument. Reflecting on the amazing magical power and miraculous effect of music, Farabi says in his work "On the Origin of the Sciences": "This science is useful in the sense that it puts in order a person who has lost his balance. nation and maintain its balance.

In particular, in the national culture, music reveals the world of high feelings, pleasures and exciting ideas. It makes people spiritually rich and perfect. A child can feel music even if he cannot hold a pencil, read or write. Often these first impressions influence the formation of attitudes towards music. Therefore, in the main directions of the reform of the general education school, attention is also paid to music education. Music, first of all, softens children's emotions. It awakens in them many human qualities, for example, a sense of musical works. Of course, literature, history, sports and other areas play an important role in the development of human qualities. Therefore, poetry and music always live side by side. It is born under the influence of nature, and is formed in kindergarten and school. Music lessons educate students not only in terms of sophistication, but also in a broad sense, spiritual and moral. It would





be good if our melodies, songs, statuses, which are passed down from generation to generation, withstanding the ravages of time, embodying the dreams, thoughts and aspirations of the people, would receive a wider place in programs of all kinds. schools and pedagogical institutes. Chingiz Aitmatov, the greatest writer of our time, a world-famous writer, writes in his novel "Kunda": "Music tells everything about life, death, love, passion and inspiration, and through music we achieve the highest freedom, for this freedom, since those times when our mind was enlightened, in everything we struggled throughout our history, but we only achieved it in music. Musical masterpieces created by our people find their admirers to some extent in the sphere of education, labor and social relations. National music teaches to perceive and appreciate the beauty of surrounding phenomena, equips with subtle taste and free thinking, expands the spiritual world. That is why it is not in vain that they say that music is a philosophy without language. Music can soften a person's heart, awaken in him feelings of affection, love and compassion, testifying to faith. At the same time, the content of statuses includes the task of artistic expression of the ideas of Sufism in accordance with the ideology of a great state. Naturally, the study of these complex scientific issues is entrusted to fully mature musicologists. Thanks to the attainment of national independence, musical creativity was freed from political and ideological pressure, and the opportunity for creative freedom was created in the literal sense. Especially during the Soviet period, when any nationality was denied, the possibilities of studying the rich spiritual heritage left by such great scientists as Abu Nasr Farobi, Abdurakhman Jami, Darvishali Changi were limited. Moreover, our compatriots could not participate in the Oriental Music Festival, which was regularly held in Paris, the capital of France, before independence. Today the situation has completely changed. A number of international music festivals, prestigious competitions such as "Nihol", "Voice of the Future", "Yangi Avlod" are of great importance in the development of the talents of young artists of the Republic of Arts, are factors known to the world of talents in the service. When reading this historical work, in its part known as "The Path to the Human Soul", it is said that today's artists, musicians and singers must pass on to the future generation such a great masterpiece as "Shashmakom". Indeed, today some young "artists" promote wartime music, creating a void in the spiritual world of youth, which is a dangerous situation. However, studies conducted by researchers in the United States of America prove once again that the music of the East, especially Shashmakom, is one of the factors leading people to goodness. The fact is that an interesting study was conducted in one of the large maternity hospitals. According to him, classical melodies from "Shashmaqom" sounded in the rooms where babies and mothers slept. As a result, mothers' mood





improved, their love for their babies increased, the babies calmly and peacefully rested, and the most remarkable thing is that mothers' love for their children increased, and even breast milk increased. After a while, the sounds of music were heard again in the same rooms, only this time army music was heard, full of noise and screams. The result was expected by the researchers, that is, the condition of mothers and babies changed in a negative direction, their nervous system was disturbed, and even milk retention was observed in mothers. There are many such examples. For us, this is unacceptable from a moral point of view, alien to our national values and views, but we must accept such manifestations as an infectious disease. In fact, it becomes more and more obvious how important the factor of musical education is in the upbringing of a perfect personality. Therefore, we must strive to ensure that the younger generation study our rich musical heritage, avoid carefree and boring tones, enhance their artistic taste, musical culture, and expand their spiritual world. In this regard, along with the unique masterpieces of our national heritage, such as Shashmakom, we must also teach and explain the masterpieces of great composers such as Mozart, Beethoven, Bach, Tchaikovsky, Rachmaninov, Khachaturian, who are recognized by the world. We are today's descendants of the great Motherland, since ancient times enlightening the whole world with its wisdom. Therefore, we must carefully preserve the great monuments, cultural and spiritual heritage left by our ancestors, and make full use of the rarest masterpieces of musical art in educating a perfect person.

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