



## IMPORTANCE OF NATIONAL TRADITIONS AND UNIVERSAL VALUES IN SPIRITUAL AND MORAL UPBRINGING OF THE YOUNG GENERATION

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### Annotation

In this article, the author presents some arguments and their theoretical basis for educating our youth in the spirit of devotion to our national and universal values. The necessary factors for teaching young people to think freely, helping them to understand the meaning of life, and forming their ability to manage and control themselves are indicated.

**Keywords:** tradition, spiritual wealth, intelligent, faith-believing, fasting, purity, devoted, hard-working, national, perfection, tradition, Nowruz, value, humanitarianism, national, the nation.

It is no secret that every state and every nation is strong not only with underground and above-ground natural resources, military power and production potential, but also first of all with its high culture and spirituality. Educating young people in the spirit of national customs and traditions is one of the urgent tasks. There is no nation without customs and traditions. They constitute important symbols of the nation. Customs and traditions are formed and developed together with the nation. Therefore, at each historical stage of the formation of the nation, new customs and traditions are formed, and the old ones that do not meet the needs of development gradually become history. However, customs and traditions related to the lands of the nation have served as an important spiritual resource for all historical stages. In this sense, instilling national customs and traditions into the minds of young people has become the goal and task of its development for any nation.

During the years of independence, great work was done to restore national customs and traditions, enrich them based on the needs of the times, and create new ones. At the same time, considerable work has been done to inculcate them in the minds of young people. In particular, the traditions of holding weddings and other ceremonies have been restored, the relationship between parents and children inherited from our ancestors: the role of the father in the family, the understanding of the child's duties towards them. increased.





The fact that serious measures are being taken to restore national values in our country is very important for the restoration of our spirituality. Today, the world recognizes the restoration of our national values. A clear example of this is the participation of representatives from more than 50 countries of the world in events and symposia dedicated to great figures such as Sahibgiron Amir Temur, Mirzo Ulug'bek, Bahauddin Naqshband, and the anniversaries of the cities of Bukhara and Khiva. It is known that traditions are created in the process of the historical formation and development of the nation and are considered a priceless spiritual wealth that is passed from ancestors to generations as a sacred heritage. It is the sacred duty of every generation to preserve and perfect the customs that have become one of the main symbols of the nation.

Especially in the years of independence, the restoration of a number of holidays and the formation of new ones were of particular importance. In particular, the tradition of fasting and Eid al-Adha, celebration of Navroz, and Independence Day started a new era in the history of our nation. Today, they become an indispensable asset of the spirituality of our youth.

The use of national values and traditions in the education of a perfect person is one of the most urgent tasks facing the educational process today. That is why the study of this unique tradition, values and rituals, national values and customs, inherited from ancient history in our country, has always been an important task for scientists. In this regard, it is appropriate to mention the scientific works and articles of J. Hasanboyev, M. Turopova, O. Hasanboyeva, A. Mavrunov, U. Karaboyev and others on the topics of educating young people with our nationality and preventing the spread of European culture.

Not only national values, but also traditional values have a positive effect and benefit on both social and youth consciousness. The traditional values and cultures of the Uzbek people, in particular, folk pedagogy, oral creativity, pandnoms, exhortations, exhortations, and prayers are living in live processes every day, every minute, adorning our lifestyle, especially for our children. They are sources that remind and encourage people to live and behave in the right place. That is their vital, social educational and universal importance! in short, our national, especially Uzbek, traditional culture has been passed down from generation to generation.

In conclusion, I would like to emphasize that the current national spirituality and values of the Uzbek people are a continuation of the national spirituality of the past. politeness, decency, cheerfulness, kindness, bravery, sincerity, generosity, business, love for the motherland and people, honesty, piety, truthfulness, honesty, honor, correctness, patience, self-control, self-discipline, respect for parents and elders, hard





work, respect for the past, honesty, faith, national pride, patriotism, nationalism. Today, it is the main task of every parent and educator-coach to inculcate these in the minds of young people. The customs, traditions and rituals of our people are of great educational value. People's love for each other, reasonable attitude, correct communication, compliments and kindness express the inner beauty, rich spiritual and spiritual image of our people. Most importantly, the feelings and emotions of our people such as kindness, generosity, hospitality, politeness, kindness, thoughtfulness, sincerity, correctness, discipline, hard work, self-control, thrift, patience and contentment. Today, it serves as an example in the education of the next generation. Based on the results of our research, the following can be suggested in terms of educating young people in the spirit of loyalty to national values:

1. Organization of excursions of non-unionized youth and students to historical monuments, educational centers, art houses, and structures erected during independence;
2. Reviving the work of local history and history circles;
3. Creative evenings with well-known artists, lawyers, educational and scientific figures, labor veterans, health workers in order to form the spiritual, economic, legal, ecological, labor, and aesthetic culture of the youth of the community based on universal and national values. and organizing meetings;
4. Organizing meetings of unorganized youth and students with well-known people such as poets and writers, state and public figures, labor veterans.

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